

Magellan Federal's "CORE" Approach for Food Insecurity

Food security for all families starts with you! Use Magellan Federal's **CORE** approach to navigate support for your clients.

CONSIDER THE COMPLETE FAMILY

- Food insecurity is experienced differently in children and adults
- Disclosure will vary based on who is sharing the information
- Identify food resources and other supports for the entire family

OWN YOUR "ONE SHOT"

- There may be only one opportunity to provide care!
- Be ready: both rapport and resources

REMOVE THE STIGMA

- Implement activities that remove stigma and ease angst
- Casual Inquiry vs. Formal Screening
- Discreet and/or limited tracking and reporting
- Normalizing the experience through education and communication

EXPLORE AND EXECUTE THE OPTIONS

- Be prepared! Know what is available for your clients.
- Resources for nutritious foods
- Assistance programs for the entire family
- Know eligibility requirements before referring to resources
- Identify potential partnerships with support resources
- Remember government programs like WIC or SNAP, when applicable



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