

Magellan Federal CORE Approach for Food Insecurity

SAMPLE SCREENING QUESTIONS FOR CASUAL INQUIRY

Question Type: Running out of food

- Do you feel you and your family have what you need each month to purchase healthy foods?
- Do you ever run out of food and have to be creative to get the meals you and your family need?
- Child Question: Do you have to skip meals at home?

Question Type: Going without food

- Have you recently had to skip a meal due to limited money or resources?
- Have you recently had to make a choice of not eating so that your family/children can eat?
- Child Question: Have you been hungry but didn't eat because there wasn't enough food?

Question Type: Access to balanced meals

- Do you have to alter your meal selection/nutrition based on food affordability?
- Do you sometimes not get a balanced meal because of food affordability and budget?
- Child Question: What do you usually eat for breakfast (or lunch, dinner)?



Remember to consider the **entire family** when screening for food insecurity.

Read more from our
MFed Inform blog.
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